

YOKOHAMA-SXIP 2022 Dispatch to Panjab University, India
Voices of Participating Students : Faculty of Science and Technology,
Department of Chemistry and Life Sciences, 3rd Year F.S

1. About Panjab University

Panjab University is located in Chandigarh, a city in northwestern India. In addition to lecture buildings and dormitories, the campus also had a rose garden, an art museum, and buildings designed by famous architects. In addition, it was very convenient to buy food, daily necessities, and miscellaneous goods at the market. Chandigarh is a planned city and has a very beautiful cityscape.

2. What I have learned

I learned two main things through this program. The first is English conversation. As we talked a lot, I was able to get the hang of it little by little. For example, short sentences were easier to convey than long sentences, so I tried to speak concisely. There were times when I would try to take the initiative to talk to others, however presumably because I looked different, others often started conversation by asking me "Where are you from?" and it was easier than I expected. Regarding the content of the conversation, topics such as student life, anime, food culture, and other topics related to Japan cultures and differences between Japan and India were particularly exciting. I was very happy to see that I was able to make friends that transcended national borders.

The second is culture. Through daily meals, temple visits, and participation in events, I was able to experience diverse cultures firsthand. As for meals, I often ate several kinds of curry with chapati and drank tea after meals. On the other hand, I also ate Italian and Chinese food. I also remember the surprise of attending Holi (a Hindu festival in North India) and the tension of crossing a road without pedestrian crossings. (When we crossed, the students led the way.) It was also impressive that since the area has a high percentage of Sikhs, many people wear turbans. In addition, there were many other things that were different from Japan, such as food, roadside scenery, posters, etc., and I spent many days making discoveries and surprises.



Sikh temples and auto-rickshaws

3. Impressions

Since it was my first time traveling abroad, I was full of anxiety about whether I could speak

English and whether I would be able to stay healthy. However, the warm welcome from the seniors and students relieved my nervousness. (They invited me for a drive or dinner.) They helped me when I was in trouble, which was really reassuring. I feel that I want to experience the warmth of people and the depth of culture and revisit it. I heard that India has very different cultures in the north and south, so I would like to visit the south as well. I participated in this program because I wanted to experience living abroad and communicating with foreigners. In fact, I think I was able to learn how to interact with foreigners by experiencing overseas and international exchange. By using English on a daily basis, I felt that it was important to eliminate resistance to English conversation and to understand and accept each other's culture. In the future, I would like to keep in touch with Indian students and go abroad to continue international exchange.

YOKOHAMA-SXIP ~ For those who want to participate in training at Panjab University from next year ~

Department of Chemistry and Life Sciences 4th Year U.M

1. Activities with exchange students in Japan

- Symposium (1 minute speech per person in English)
- Discussion (1~1.5 hours ×3 about the theme decided by the teacher)
- Industrial Tour • Cultural Tour (Sankeien, Mitsubishi Yusen Museum)
- Free day (Sunday) Japan sightseeing (Asakusa→ Tokyo Station→ Imperial Palace→ Skytree) * Lunch is Note that some people are vegetarians

2. Activities at Universities in India

2.1 Preparation before the trip

2.1.1 What to bring : Clothes (Better to bring clothes that can be thrown away because they get dirty with Holi and so forth), passport, e-visa (copy on paper), corona vaccination certificate, medicine (antipyretic, gastrointestinal medicine, etc.), wet tissues, toilet paper, shampoo body soap, detergent (if you ask They will do it for about 270 Rupees), indoor footwear, and other daily items

2.1.2 Money : Accommodation costs are 10,080 Rupees / person, breakfast is about 1,000 Rupees / person I wonder if it is enough to exchange 30,000 yen per person (Better to make money exchange at Delhi Airport)

2.2 What we have done in Panjab

- Pay courtesy visit to teachers at Panjab University
- G20, Y20 (Dance and play on the eve. 5~10 minutes of presentations by teachers from various countries)
- Industrial tour (Tynor: Medical supporters, observation of the manufacturing process of

daily necessities such as pillows)

- Cultural tour (Rose Garden, Sukhna Lake, Rock Garden, Anadpur Sahib), VIRASAT-E-KHALSA (Sikh Museum), Japanese Garden, Kasauli Hills) F
- Festivals (GooNJ (school festival), CYNIDE (chemical engineering festival), Holi (Indian holiday, color powder mixed up))

3. Other

- It is better to rent WIFI (Chandigarh airport WIFI is not available, Dehli airport, Panjab large WIFI is ○)
- The rice is spicy but the spiciness that becomes a habit (personally), and the sweets are very sweet.
- Japanese people may be rare, but the locals will stare at you with a straight face, but if you look back at them with a smile, they will return it with a very nice smile.
- Indian students are very kind. And the tension is high. However, the hierarchy of the grades is stronger than Japan.
- Keep your English simple! With a few words! Even in your broken English you can make yourself understood.

